EARSHAM PRIMARY ACADEMY

13th November 2026

Head of School

This week the children stopped for two minutes of silence on Remembrance Day. Around this there were also lessons and a special Collective Worship to teach the children about this important day. They conducted themselves very respectfully throughout this, living our values as they did so. Another way they have done this is by supporting our fund raising efforts for Children in Need. THank you to any families who have donated.

Willow Class

This week we have started learning our songs for our Christmas Nativity which we have all really enjoyed. We celebrated Remembrance Day by holding a 2 minute silence in class and in History we have continued our work on Remembrance by learning about how soldiers in the first world war lived in trenches and using our senses to think about things they might have seen, heard, touched, tasted and smelt. In Maths Y1 and Y2 have been learning about partitioning tens and ones and have been working really hard to practice this using place value charts. In DT we have continued our work on bridges by making collages of bridges using different materials.

PE Tuesday & Friday

Maple Class

This week, Maple Class have begun a new Design and Technology unit all about moving toys! They have also begun a new and very engaging unit in Science all about Electricity. In PE we have been continuing to work on our Basketball skills as well as starting a unit on Hockey. We have been working hard to writ our non-chronological reports in English and have begun learning focussed around multiplication and division in maths. We have also learnt about remembrance. To finish the week we have also enjoyed our non-uniform day for Children in Need.

PE Wednesday & Thursday

Silver Birch Class

In science this week, Silver Birch have been learning about proteins. We discovered that a protein is a super-nutrient that acts as the main building block for our bodies. We learnt that if our body was a lego castle, proteins would be the special bricks that build our muscles, organs, skin, hair and even our bones. For our task, we were given a set of menus. We had to identify which of the foods were proteins and those that were not.

In our RE lesson, we continued our study of Humanism. For this lesson we focussed on the ingredients for happiness. We learnt that for humanists, life is about living, 'for the moment' rather than living for the after-life. We discovered that many humanists believe in being happy and enjoying every moment that they have on earth. They believe in making good choices and being kind to others as everyday is precious

PE Monday & Friday

Awards

Whole School Attendance

Year to date

95.69%

Attendance Award

Silver Birch

Other information

Children in Need



Colorful Day for Children in Need

Today, Friday, 13th November, we celebrated a 'Wear Something Colourful' day in support of Children in Need. The children looked delightful and vibrant in their brightest outfits at school!

Our fundraising page remains open please **click here to donate.**

Christmas Jumpers

As the festive season approaches, we are would like to host a Christmas clothes swap! If your children have outgrown any Christmas jumpers, party outfits, warm hats, or gloves, we would greatly appreciate your donations to the school. Parents are welcome to swap, donate, or collect these items.

Second-Hand Uniform Available

Additionally, we have a collection of second-hand uniforms. If you need any free uniform items, please don't hesitate to contact the school office, and we will be more than happy to assist you!

Non - Uniform Day

On Wednesday 25th November we will be holding our annual non-uniform day for the PTA in exchange for a chocolate donation for the Christmas fair (Sunday 29th November). Please ensure clothing is suitable for PE or children have a change of clothes if it is a PE day for your child.

Good News Stories!

We are always eager to hear childrens good news stories! If your child participates in a club or activity, or achieves something remarkable that they would like to share, please send the details to our office at office.earsham@kingfisher.dneat.org.

Important Dates

Red dates have been added/updated since previous newsletters

Date	Event
25 Nov 2026	Non uniform day - PTA in exchange for chocolate
27 Nov 2026	The Big Sing - Years 3 & 4 - click to consent
29 Nov 2026	PTA Christmas Fair
7 Dec 2026	Reception & Y6 NCMP Screening (info to follow)
10 Dec 2026	**9am Parent Share (parents welcome!)**
10 Dec 2026	Christmas Jumper & Christmas Dinner Day!
11 Dec 2026	Santa Dash!
14 Dec 2026	Bright Bites Oral Health - REBOOKED
15 Dec 2026	Willow Class - Carol Singing at The Moorings Residential Care Home - further details to follow.
16 Dec 2026	Whole School Panto
18 Dec 2026	Last Day of Autumn Term 2
5 Jan 2027	First Day of Srping Term 1

NOVEMBER TO MARCH 2027

NOURISH

THE NOURISH MENU

BANG IN SOME BEANS! DISHES WITH ME NEXT TO THEM CONTAIN BEANS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 2 November 23 November 14 December 18 January 8 February 8 March	Chicken Pie **1** Pesto Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Crushed Potatoes Peas Carrots Ice Cream **7** Mr Nourish Biscuit **1,3 VG** Fruit Pots **VG**	Beef Bolognaise Pasta Bake **1,3,7** Vegetable Chilli Skins **VG** Jackets with a Choice of Toppings **7,8,9** Garlic Bread **1,3** Seasonal Vegetables Bananas & Chocolate Custard **7** Mr Nourish Biscuit **1,3 VG** Fruit Pots **VG**	Roast Gammon & Gravy Cheese & Potato Pie **1,3,7 V** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Cabbage Peas Fruit Jelly **VG** Mr Nourish Biscuit **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Vegetable Shepherds Pie **VG** Jackets with a Choice of Toppings **7,8,9** Sweetcorn Broccoli Rainbow Pasta **1** Apple Crumble Bar **1,3 VG** Mr Nourish Biscuit **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**	Chicken Nuggets **1** Cheese & Tomato Pinwheel **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips Peas Baked Beans Carrot Sticks Oaty Biscuit **1,3,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 9 November 30 November 4 January 25 January 22 February 15 March	BBQ Chicken Pesto Pasta Bake **1,7 V** Jackets with a Choice of Toppings **7,8,9** Rice, Carrots Peas Jam Tart **1,3 VG** & Custard **7** Mr Nourish Biscuit **1,3 VG** Fruit Pots **VG**	Tomato & Broccoli Pasta **1 VG** Cheese & Bean Burrito with Wedges **1,7 V** Jackets with a Choice of Toppings **7,8,9** Seasonal Vegetables Jelly **VG** Mr Nourish Biscuit **1,3 VG** Fruit Pots **VG**	Roast Chicken & Gravy Vegan Cowboy Hotpot **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Broccoli Carrots Crispy Cake **1,7,16** Mr Nourish Biscuit **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**	Beef Stew & Dumpling **1,3** Herby Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Herby Bread **1,3** Seasonal Vegetables Beetroot Cake **1,3 VG** Mr Nourish Biscuit **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**	Salmon Fish Cake **1,8** Margherita Pizza **1,3,7 V** Jackets with a Choice of Toppings **7,8,9** Chips Peas Baked Beans Coleslaw **9** Banana Bread **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 16 November 7 December 11 January 1 February 1 March 22 March	Macaroni Cheese **1,3,7 V** BBQ Bean Loaded Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Garlic Bread **1,3** Sweetcorn Green Beans Apple Crumble **1,3 VG** & Custard **7** Mr Nourish Biscuit **1,3 VG** Fruit Pots **VG**	Chicken Fajitas **1** Cheese & Tomato Pasta Bake **1,7 V** Jackets with a Choice of Toppings **7,8,9** Potato Wedges Carrots Peas Caramel Mousse **7** Mr Nourish Biscuit **1,3 VG** Fruit Pots **VG**	Pork Sausage **1,3,6** Quorn Sausage **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Mashed Potatoes Baked Beans Broccoli Fruit Jelly **VG** Mr Nourish Biscuit **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**	Minced Beef Cobbler **1,3** Herby Tomato Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Herby Bread **1,3** Seasonal Vegetables Chocolate Sponge Cake **1,3 VG** Mr Nourish Biscuit **1,3 VG** Yoghurt **3,7** Fruit Pots **VG**	Fish Fingers **1,8** BBQ Wrap Stack **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas Baked Beans Cucumber sticks Crispy Cookie **1,3,7,16** Yoghurt **3,7** Fruit Pots **VG**

AVAILABLE DAILY

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

NOURISH

CHRISTMAS MENU

Roast Turkey withFestive Trimmings
1,3,6
Yuletide VegetableWellington 1 VG

Peas &Carrots
BrusselSprouts
RoastPotatoes

Santa's Cookies 1,3 VG
Elf's Chocolate Cake 1,3 VG
Fruit Pot VG

Dishes marked with any of the following numbers contain the matching allergen:
1 Wheat Gluten **2** Crustaceans **3** Soybean **4** Mustard **5** Sesame **6** Sulphites/Sulphur Dioxide **7** Milk **8** Fish **9** Egg
10 Peanuts **11** Molluscs **12** Celeriac/Celery **13** Nuts **14** Lupins **15** Oat Gluten **16** Barley Gluten **V** Vegetarian **VG** Vegan

EARSHAM COFE PRIMARY ACADAMY INVITES YOU TO OUR

CHRISTMAS FAYRE 2026

SUNDAY 29TH NOVEMBER
FROM 11 AM TO 2PM

Santa's Grotto, Cake stall, Raffle, Games, Hot Food and Drinks and much more .....

School Road, Earsham, Bungay, NR35 2TF
EARSHAMPTA@YAHOO.COM
01986 892557

Registered charity number 1039729

Stalls cash only

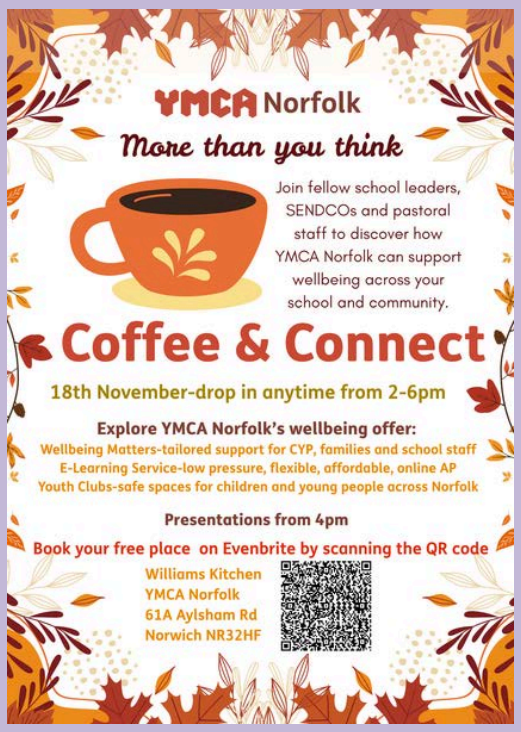


If you have any unwanted cuddly toys that need a new home please donate them to Earsham PTA for the teddy tombola at the Christmas Fayre Sunday 29th December.

Please drop off to the school office.
Thank you



Community Events







Dear Students, Pupils and Teachers,

I am looking for a design to put on my Christmas cards this year! Would you like to create one for me?

As the Member of Parliament for Waveney Valley, I would like to create some paper and electronic cards to send to important people and organisations (such as schools) in my constituency. This year, I have chosen the theme of Peace and would love to see your Christmas card design based on the idea of Peace.

If you prefer writing to drawing, you can also send in a poem to be printed on the inside of the card.

Anyone under 18 who lives or goes to school in Waveney Valley is invited to enter the Christmas card competition. If you would like to enter, get your paints and imagination ready.

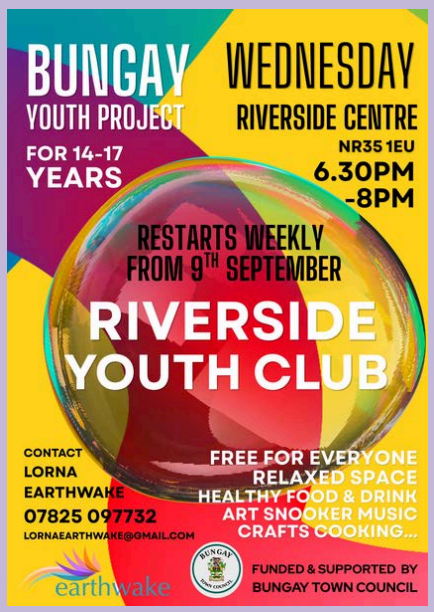
Entries must be A4 size, on paper or a JPEG or PDF.
Your artwork can be drawn, painted or digital, but try to make the design bold and eye catching.
You can use up to four colours.
Include your name, age, school and class with your entry.

Send your work by email to my office at waveneyvalleyoffice@parliament.uk or by post to Christmas Card Competition, 1B Navire House, Mere Street, Diss, IP22 4AG. Entries must be received by midnight on Thursday 12th November 2026.

I'm looking forward to seeing your designs!

Adrian Ramsay.

Adrian Ramsay MP
Member of Parliament for Waveney Valley
01379 830 200



Useful Information

Calendar	Click Here
Telephone Number	01986 892 557
E-mail address	office.earsham@kingfisher.dneat.org
Term Dates 2026-27	Click Here
Support Resources	Click Here

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Norfolk County Council

Child Employment

This does not apply to work experience placements

Parents



Is your child keen to get a part time job? Maybe they already deliver newspapers, have a Saturday job, volunteer at a charity shop or work during the school holidays?

Employers



Are you keen to give an employment opportunity to a child? Do you already employ children aged 13-16 years?

Did you know?

It is illegal to employ children of compulsory school age without a **child work permit**. Without one the employer risks prosecution, and children may not be insured.



GOOD NEWS! Child work permits are free

Applying for a work permit is simple, apply using the form on our website **www.norfolk.gov.uk/childemployment** or scan the **website QR code** below.



Our website also has lots of information about the rules and regulations to be followed when employing children.

Feel free to email us at **childemployment.edu@norfolk.gov.uk.**