EARSHAM PRIMARY ACADEMY

22nd October 2026

Head of School

With our first half term of this academic year coming to a close, it is a good time to stop and reflect. I have seen numerous examples over these few weeks of children working hard, learning well and, importantly, living our core values of compassion, respect and courage. We have opened our doors to parents and guardians on several occasions and it has been fantastic to engage so positively with those that attended. I would like to thank all those who have joined us and thank all parents and carers who continue to support their children with their learning and support us, their community school. I would like to thank the staff, who work tirelessly to support the children and help them to shine and the children for all of their efforts over this half term. I hope you have a wonderful break and we look forward to seeing you all again in November!

Willow Class

This week in Willow Class we really enjoyed our Harvest Festival on Monday and had great fun singing the songs we had been learning with everyone in church. In Science, in Y1 and 2 we have been continuing looking at seasonal changes and have been looking at the weather forecast, including the temperature, and then recording the actual weather each day. Reception have been looking at matching pictures of objects to the season they would be seen in. In Maths Y1 and 2 have been looking at fact families and finding the difference. Reception have been learning about 1 more and 1 less. In PE we have continued working on our teambuilding skills, playing lots of fun team games such as 'Catching Carriages' and 'Tunnel Tracks'. In RE we wrote our own Bible story all about a little boy who lost his teddy bear and how his friend who helped him find his teddy bear was like God because he helped him.

PE Tuesday & Friday

Maple Class

This week Maple class have been busily finishing off a range of topics in their wider curriculum topics. In English we have written and edited a short story and in mathematics have been working on developing our understanding of column subtraction. They have worked very hard this half term so have also earned their class reward on Thursday afternoon - a film with popcorn biscuits and fruit! We all hope the children and their families have a wonderful half term!

PE Wednesday & Thursday

Silver Birch Class

Silver Birch have been exploring the meaning of propaganda in history this week. For our lesson, we looked at a range of British and American propaganda posters from World War 2. We discovered that during World War 2, countries didn't just fight with tanks and airplanes. They also fought with words, pictures, and movies. Propaganda was the special name for these messages, and they were used to make people think, feel, or act a certain way. For example, we analysed a range of photographs that tried to encourage recycling metal to build machinery, stopping the spread of government secrets to German Spies as well as, 'Loose Lips, Sink Ships'.

For Black History Month, we have been exploring the lives of black UK celebrities to celebrate their achievements, culture and contributions of people with black heritage. The children were given a range of celebrities to research and create an information poster about their chosen person and think carefully about one of the school values that they represent. Silver Birch Class chose a variety of famous people like Marcus Rashford, Trevor Mcdonald, Nicola Adams and Lenny Henry.

Have a good October half-term everyone!

PE Monday & Friday

Awards

Whole School Attendance

Year to date

96.22%

Attendance Award

This week

Silver Birch

Other information

School Photos - Individual & Sibling

Tempest, our schol photagrapher will be visiting us on Thursday 5th November to take individual and sibling photos.

Please ensure that you have submitted photo consent for your child - without this unfortunatley they will not able to take photos of your child.

Willow Class - click here

Maple Class - click here

Silver Birch Class - click here

Poppies

A reminder that we have poppies,and other poppy related items for sale in the school office. All money raised goes to the Poppy Appeal.

The Big Sing - Years 3&4

On on Friday 27th November 2026 children in years 3 & 4 are invited to take part in 'The Big Sing'.

Please look out for an email with further information.

Consent form can be found here:

Big Sing Consent - click here

Cold Weather

As the weather is finally getting colder/wetter please could you make sure that your child has suitable outdoor clothing.



Road Safety Week 15th - 21st November

Posters have been displayed around the school to encourage all pupils to take part in the Yunex Traffix Road Safety Week Competition. The winning designs will be displayed onto their vans, and in addition can win prizes for the school!

Entries need to be with the school office by close of play Thursday 22nd October



Important Dates

Red dates have been added/updated since previous newsletters

Date	Event
22 Oct 2026	Last Day of Autumn Term 1
2 Nov 2026	First Day of Autumn Term 2
2 Nov 2026	**New Nourish Menu Starts**
3 Nov 2026	Silver Birch Class to Flixton Aviation Museum - Click to consent
4 Nov 2026	Bright Bites Oral Health to see children in school
4 Nov 2026	**Parents Evening - sign up sheets in foyer**
5 Nov 2026	Whole School Photos - Individual & Sibling - Please ensure you have consented as above
6 Nov 2026	Whole School Nasal Flu Vaccinations Emails have now been sent via the vacination team
27 Nov 2026	The Big Sing - Years 3 & 4 - click to consent
29 Nov 2026	PTA Christmas Fair - further details to follow
7 Dec 2026	Reception & Y6 NCMP Screening (info to follow)
10 Dec 2026	Christmas Jumper & Christmas Dinner Day!
11 Dec 2026	Santa Dash!
16 Dec 2026	Whole School Panto
18 Dec 2026	Last Day of Autumn Term 2
5 Jan 2027	First Day of Srping Term 1

APRIL TO OCTOBER 2026

NOURISH

SPRING INTO SUMMER MENU

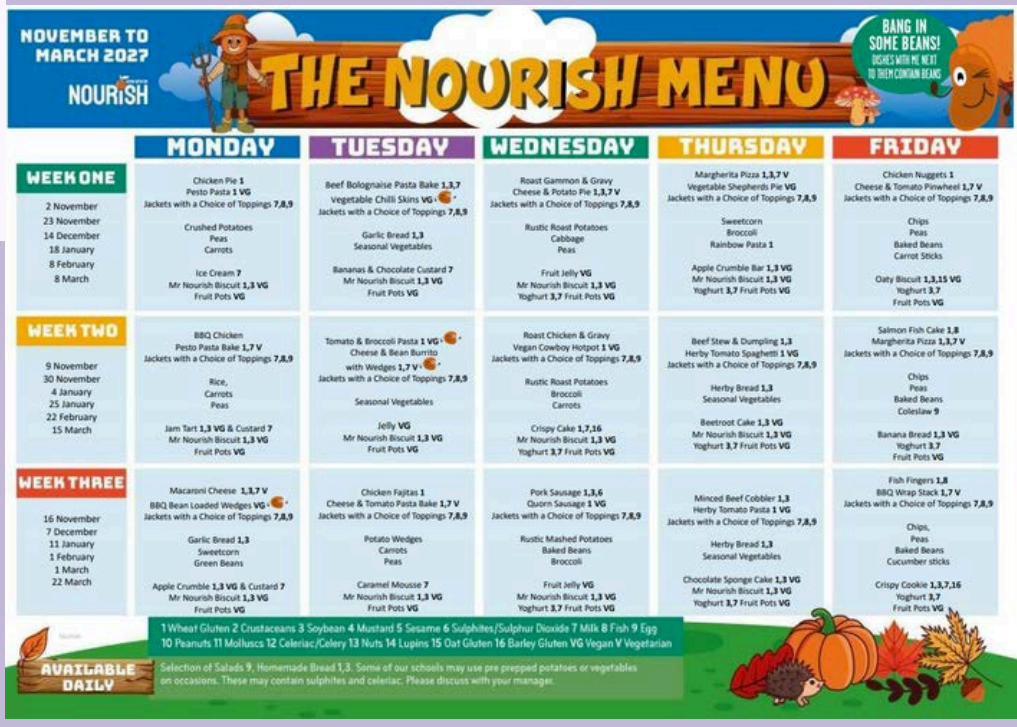
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 13 April 4 May 1 June 22 June 13 July 31 August 21 September 12 October	Beef Bolognaise Pasta **1** Cheese & Onion Swirl **1,7 V** Jackets with a Choice of Toppings **7,8,9** Baked Wedges Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Macaroni Cheese **1,7 V** Chick Pea & Spinach Biryani **VG** Jackets with a Choice of Toppings **7,8,9** Peas & Carrots Toffee Tart **1,7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Vegetable Sausage **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Cabbage Swede Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Chicken Korma Herby Tomato Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Green Beans Carrots Chocolate Orange Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Cheese & Tomato Filled Tortilla Wrap Stack **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips Peas Baked Beans Lemon Drizzle Biscuit **1,6 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 20 April 11 May 8 June 29 June 20 July 7 September 28 September 19 October	Cheesy Pasta **1,7 V** Vegetable Burger in a Bun **1,5,6 VG** Jackets with a Choice of Toppings **7,8,9** Baked Wedges, Carrots Peas Honey Cake **1** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Beef Noodles **1** Tomato & Sweetcorn Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Seasonal Vegetables Summer Trifle **1,7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Gammon & Gravy Meatfree Meatballs & Gravy **6 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Broccoli Carrots Cornflake Cookie **1,7,16** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Chicken Fajita **1** Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Tomato Salsa Green Beans Carrot & Orange Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Salmon Fish Cake **1,8** Margherita Pizza **1,3,7 V** Jackets with a Choice of Toppings **7,8,9** Chips Peas Baked Beans Oaty Biscuit **1,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 27 April 18 May 15 June 6 July 14 September 5 October	Mild Chilli Beef Tomato & Herb Penne Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Peas & Carrots Jam Roly Poly **1,6 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausage **1,3,6** Vegetable Sausage **1 VG** Jackets with a Choice of Toppings **7,8,9** Mashed Potatoes Baked Beans Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Samosa Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Seasonal Vegetables Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Loaded Cajun Bean Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Pasta **1** Sweetcorn Sultana Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Cheese & Bean Parcel **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas Baked Beans Caramel Cookie **1,7 V** Yoghurt **3,7**, Fruit Pots **VG**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

AVAILABLE DAILY

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

New menu starts 02/11







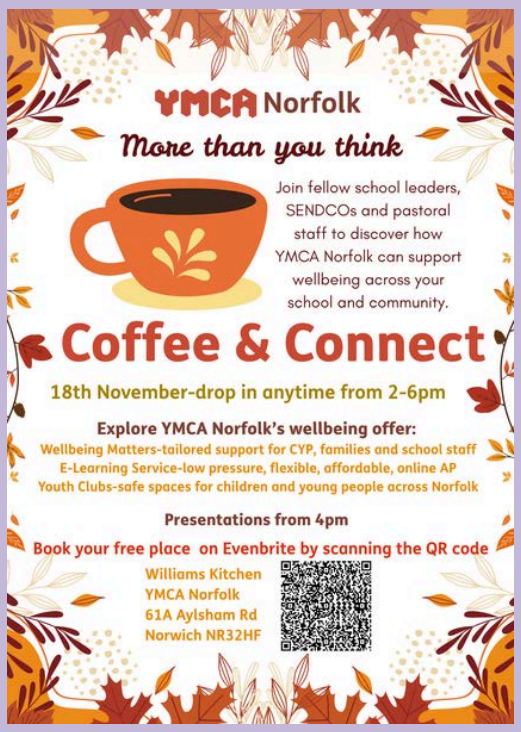


If you have any unwanted cuddly toys that need a new home please donate them to Earsham PTA for the teddy tombola at the Christmas Fayre Sunday 29th December.

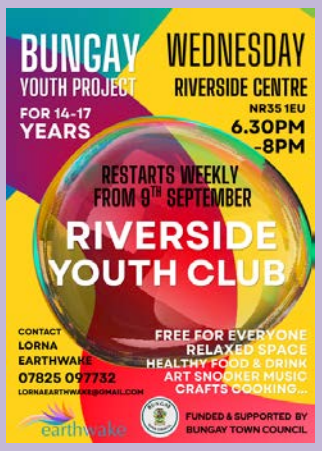
Please drop off to the school office.
Thank you



Community Events











Dear Students, Pupils and Teachers,

I am looking for a design to put on my Christmas cards this year! Would you like to create one for me?

As the Member of Parliament for Waveney Valley, I would like to create some paper and electronic cards to send to important people and organisations (such as schools) in my constituency. This year, I have chosen the theme of Peace and would love to see your Christmas card design based on the idea of Peace.

If you prefer writing to drawing, you can also send in a poem to be printed on the inside of the card.

Anyone under 18 who lives or goes to school in Waveney Valley is invited to enter the Christmas card competition. If you would like to enter, get your paints and imagination ready.

Entries must be A4 size, on paper or a JPEG or PDF.
Your artwork can be drawn, painted or digital, but try to make the design bold and eye catching.
You can use up to four colours.
Include your name, age, school and class with your entry.

Send your work by email to my office at waveneyvalleyoffice@parliament.uk or by post to Christmas Card Competition, 1B Navire House, Mere Street, Diss, IP22 4AG. Entries must be received by midnight on Thursday 12th November 2026.

I'm looking forward to seeing your designs!

Adrian Ramsay.

Adrian Ramsay MP
Member of Parliament for Waveney Valley
01379 830 200





Useful Information

Calendar	Click Here
Telephone Number	01986 892 557
E-mail address	office.earsham@kingfisher.dneat.org
Term Dates 2026-27	Click Here
Support Resources	Click Here

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Norfolk County Council

Child Employment

This does not apply to work experience placements

Parents



Is your child keen to get a part time job? Maybe they already deliver newspapers, have a Saturday job, volunteer at a charity shop or work during the school holidays?

Employers



Are you keen to give an employment opportunity to a child? Do you already employ children aged 13-16 years?

Did you know?

It is illegal to employ children of compulsory school age without a **child work permit**. Without one the employer risks prosecution, and children may not be insured.



GOOD NEWS! Child work permits are free

Applying for a work permit is simple, apply using the form on our website **www.norfolk.gov.uk/childemployment** or scan the **website QR code** below.



Our website also has lots of information about the rules and regulations to be followed when employing children.

Feel free to email us at **childemployment.edu@norfolk.gov.uk.**