EARSHAM PRIMARY ACADEMY

16th October 2026

Head of School

We were delighted to host two reading cafes this week. Thank you to all those who attended, we hope it was useful and helped to underline the huge importance of reading in school and at home. Thank you also for all of the food donations we have had so far for our Harvest festival - we look forward to seeing you at church next week!

Willow Class

This week we really enjoyed having our adults visit us in class for our Reading Cafe and had lots of fun showing them the reading activities we do in school. In Science we learnt about different seasons and particularly changes that show us we are in autumn. We went on a walk outside and managed to find helicopter seeds, pine cones and brown leaves. In our RE morning we learnt about the Feeding of the 5,000 and how Jesus showed compassion in the story which is one of our core values. In Geography we continued our work on Zambia, particularly focusing on looking at the animals that live there.

PE Tuesday & Friday

Maple Class

This week Maple Class have been busily completing their PIXL assessments in English and Maths. They have worked very hard at these so well done to them! Alongside those we have still found time for an RE lesson on Sikhism and Amrit, PE lessons on ball skills and football, an RE morning all about Compassion and science lessons all about evaporation.We even managed to squeeze in a KS2 reading Cafe - thank you to all parents who attended!

PE Wednesday & Thursday

Silver Birch Class

As part of our literacy focus this week, the children in Silver Birch Class each chose their own favourite animal to research and feature in a special piece of informative writing.

To bring their animal reports to life, the students worked hard on organising their ideas into clear paragraphs and using eye-catching subheadings. They did a fantastic job gathering fascinating facts and focusing on their very best handwriting to ensure their final pieces were beautifully and neatly presented.

In history this week, we have been diving into the fascinating history of World War II, focusing on the brave individuals who made up the Home Guard. Originally formed in 1940 and initially called the Local Defence Volunteers, this unique group was created to protect Britain from the threat of an imminent enemy invasion.

PE Monday & Friday

Awards

Attendance Award
This week
Willow

Whole School Attendance
Year to date
96.29%

Reading Wings
This week
Maple Class

Other information

Thank you to everyone who supported our reading cafe this week

Road Safety Week
15th - 21st November

Posters have been displayed around the school to encourage all pupils to take part in the Yunex Traffix Road Safety Week Competition. The winning designs will be displayed onto their vans, and in addition can win prizes for the school!

Entries need to be with the school office by close of play Thursday 22nd October



E-mails

It has come to our attention that emails are frequently landing in your spam or junk folders. Arbor has created a helpful guide to address this issue: **CLICK HERE**

Is my child too ill for school?

Click here for resource



Family Voice

Click here for this weeks Family voice Newsletter

Family First Newsletter

Click here for this months Family First Newsletter

Harvest Service

Our Harvest Service will be held at Earsham Church on Monday 19th October, at 2:30pm. Families are warmly invited to join us.

We are collecting food items to donate to Waveney Food Bank, please bring any donations to the office. Thank you!



Image Consent Forms

A reminder that if you have not already done so please could give photo consent for your child:

Willow Class:
Maple Class:
Silver Birch Class:

Important Dates

Red dates have been added/updated since previous newsletters

Date	Event
19 Oct 2026	Harvest Service in Church. 2:30pm Families welcome.
22 Oct 2026	Last Day of Autumn Term 1
2 Nov 2026	First Day of Autumn Term 2
2 Nov 2026	**New Nourish Menu Starts**
3 Nov 2026	Silver Birch Class to Flixton Aviation Museum - Click to consent
4 Nov 2026	Bright Bites Oral Health to see chidren in school
4 Nov 2026	**Parents Evening - sign up sheets in foyer**
5 Nov 2026	Whole School Photos - Individual & Sibling
6 Nov 2026	Whole School Nasal Flu Vaccinations
7 Dec 2026	Reception & Y6 NCMP Screening (info to follow)
10 Dec 2026	Christmas Jumper & Christmas Dinner Day!
16 Dec 2026	Whole School Panto
18 Dec 2026	Last Day of Autumn Term 2
5 Jan 2027	First Day of Srping Term 1

APRIL TO OCTOBER 2026

NOURISH

SPRING INTO SUMMER MENU

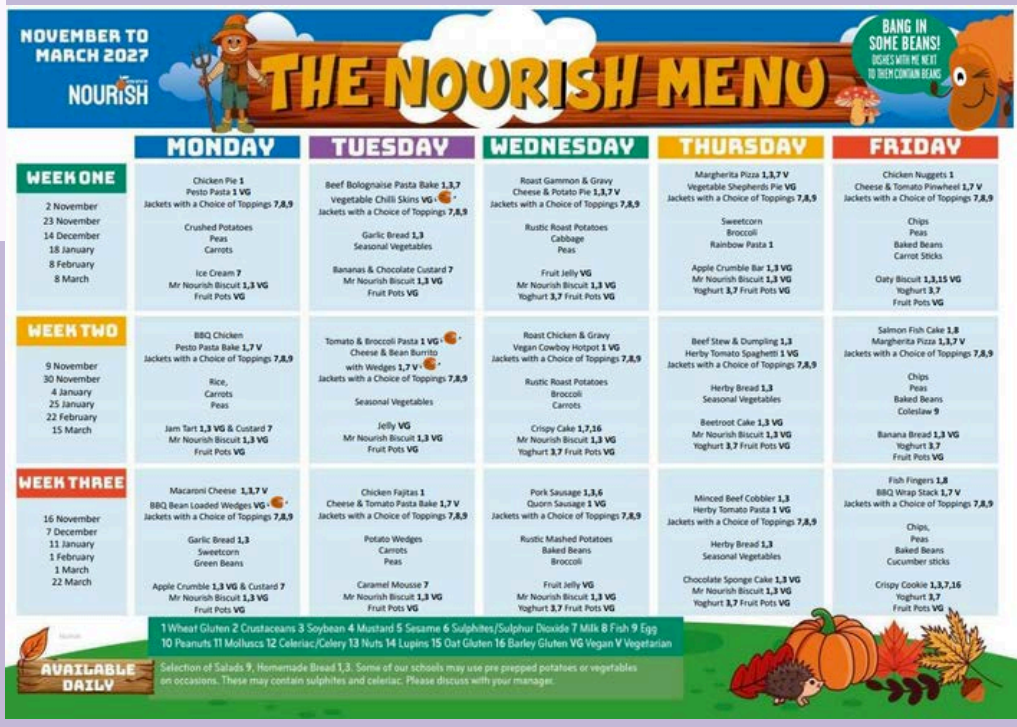
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 13 April 4 May 1 June 22 June 13 July 31 August 21 September 12 October	Beef Bolognaise Pasta **1** Cheese & Onion Swirl **1,7 V** Jackets with a Choice of Toppings **7,8,9** Baked Wedges Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Macaroni Cheese **1,7 V** Chick Pea & Spinach Biryani **VG** Jackets with a Choice of Toppings **7,8,9** Peas & Carrots Toffee Tart **1,7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Vegetable Sausage **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Cabbage Swede Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Chicken Korma Herby Tomato Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Green Beans Carrots Chocolate Orange Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Cheese & Tomato Filled Tortilla Wrap Stack **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips Peas Baked Beans Lemon Drizzle Biscuit **1,6 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 20 April 11 May 8 June 29 June 20 July 7 September 28 September 19 October	Cheesy Pasta **1,7 V** Vegetable Burger in a Bun **1,5,6 VG** Jackets with a Choice of Toppings **7,8,9** Baked Wedges, Carrots Peas Honey Cake **1** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Beef Noodles **1** Tomato & Sweetcorn Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Seasonal Vegetables Summer Trifle **1,7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Gammon & Gravy Meatfree Meatballs & Gravy **6 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Broccoli Carrots Cornflake Cookie **1,7,16** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Chicken Fajita **1** Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Tomato Salsa Green Beans Carrot & Orange Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Salmon Fish Cake **1,8** Margherita Pizza **1,3,7 V** Jackets with a Choice of Toppings **7,8,9** Chips Peas Baked Beans Oaty Biscuit **1,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 27 April 18 May 15 June 6 July 14 September 5 October	Mild Chilli Beef Tomato & Herb Penne Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice Peas & Carrots Jam Roly Poly **1,6 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausage **1,3,6** Vegetable Sausage **1 VG** Jackets with a Choice of Toppings **7,8,9** Mashed Potatoes Baked Beans Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Samosa Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Seasonal Vegetables Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Loaded Cajun Bean Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Pasta **1** Sweetcorn Sultana Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Cheese & Bean Parcel **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas Baked Beans Caramel Cookie **1,7 V** Yoghurt **3,7**, Fruit Pots **VG**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

AVAILABLE DAILY

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

New menu starts 02/11



EARSHAM PRIMARY ACADEMY
INVITES YOU TO JOIN US FOR OUR

HARVEST SERVICE

AT EARSHAM CHURCH

MONDAY 19TH OCTOBER AT 2:30PM

EVERYONE WELCOME

Shine
From the Inside Out



Will your child be starting school in 2027?

Earsham Primary Academy warmly invites you to a one-on-one tour of our wonderful school.

To arrange your appointment please contact us:

- Phone: 01986 892557
- Email: office.earsham@kingfisher.dneat.org

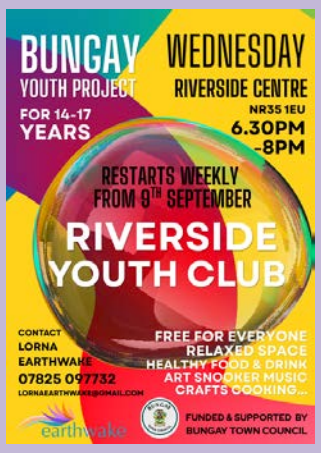
Shine From the Inside Out

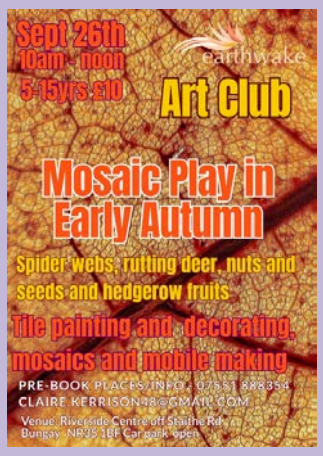
Ofsted Good Provider

Diocese of Norwich Education and Academies Trust

Community Events













Useful Information

Calendar	Click Here
Telephone Number	01986 892 557
E-mail address	office.earsham@kingfisher.dneat.org
Term Dates 2026-27	Click Here
Support Resources	Click Here

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Norfolk County Council

Child Employment

This does not apply to work experience placements

Parents



Is your child keen to get a part time job? Maybe they already deliver newspapers, have a Saturday job, volunteer at a charity shop or work during the school holidays?

Employers



Are you keen to give an employment opportunity to a child? Do you already employ children aged 13-16 years?

Did you know?

It is illegal to employ children of compulsory school age without a **child work permit**. Without one the employer risks prosecution, and children may not be insured.



GOOD NEWS! Child work permits are free

Applying for a work permit is simple, apply using the form on our website **www.norfolk.gov.uk/childemployment** or scan the **website QR code** below.



Our website also has lots of information about the rules and regulations to be followed when employing children.

Feel free to email us at **childemployment.edu@norfolk.gov.uk.**