EARSHAM PRIMARY ACADEMY

17th October 2025

Executive Head

This week we have begun preparations for Harvest services next week. We have been exploring the theme of harvest as part of RE lessons and collective worship. We have talked about donating to the foodbank and why it is a positive thing to support this charity.
Many thanks for the kind donations that are already coming in, below is a reminder of the kinds of donations that would be helpful.



We look forward to celebrating Harvest with you next week in school on Wednesday 22nd October at 9.15am

You can find out more about Waveney Foodbank by clicking here.

Mrs Brand

Willow Class

This week in PE the children had fun using the skipping ropes. The children practised swinging the skipping ropes over their heads and then jumping over it when it reached their feet . As part of our RE morning this week, the children learnt about the Christian creation story. They have created some lovely artwork based on the creation story and the children are looking forward to sharing that next Wednesday at the Harvest Service in church. In PSHE, we had class discussion around 'The Power of Yet.' As a class we talked about sometimes it takes a few attempts at something to be able to achieve it and that is okay.

Maple Class

In Maple Class this week we have completed our topic on Rainforests by considering what the future may hold for the world's rainforests including looking at deforestation and other challenges these habitats may face. In maths we have explored roman numerals and multiplication. In English we have finished planning our news reports and have begun to write them. The children also enjoyed a music lesson all about Stevie Wonder as part of learning about black history month - apparently 'Superstition' was the class's favourite song! In Art, the children used oil pastels to complete still life pictures of apples from my garden - which they seemed to enjoy - but not as much as they enjoyed eating them!

Silver Birch Class

For RE this week, we learnt about the origins of Christianity. We discovered that Christianity originated in the 1st century CE in the Roman Province of Judea, with its founder being Jesus of Nazareth. We learnt that following Jesus' crucifixion, his followers came to believe he was resurrected, which spurred the religion's early growth. The faith spread from Judea throughout the Roman Empire via the missionary work of Jesus' followers, particularly figures like the Apostle Paul. For the main part of the lesson, we investigated how Christianity had spread over the world according to population.
In PSHE we learnt about cyber bullying and internet safety. We explored four different scenarios and had to identify the bullying involved as well as strategies that could be taken to stop the bullying from escalating any further.
In Geography, we continued exploring how Earsham has changed over time. During Tuesday afternoon, Silver Birch Class went on a tour around the village to explore how Earsham has changed over time. We visited the old mill, the church as well as the old railway house.

School Prayer

Sorry for not always telling the truth.

Sorry for the times we forget to be kind.

Thank you for all those who show compassion to us, and for the lovely things in the world that shine.

We will try to treat others how we would like to be treated, help us to respect and take care of others.

Please Lord, help us shine and show compassion, to the sick and the needy, to our sisters and brothers.

Amen

Attendance Award

This week

Silver Birch



Whole School Attendance

Year to date

96.19%



KINGFISHER FEDERATION

Is my child too ill for school?

There are government guidelines for schools about health protection and managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't.

Please follow this link to find out more

https://tinyurl.com/3skzace3

APRIL TO OCTOBER 2025

WEEKLY MENU

NOURISH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 21ST APRIL 12TH MAY 9TH JUNE 30TH JUNE 21ST JULY 1ST SEPTEMBER 22ND SEPTEMBER 13TH OCTOBER	Mild Chilli Beef Tomato & Herb Penne Pasta **1 VG** Jacket with a Choice of Toppings **7,8,9** Rice, Mixed Peppers, Peas Jammy Finger **1,6 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Chicken & Tomato Pasta Shells **1** Cheese & Bean Wrap Pocket & Wedges **1,7 VG** Jackets with a Choice of Toppings **7,8,9** Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausage Roll & Gravy **1,6** Vegetable Sausage & Gravy **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Loaded Bean Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Pasta **1**, Sweetcorn, Coleslaw **9** Sultana Cake **1VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** or Salmon Fish Cake **1,7,8** Cheese & Tomato Pinwheel **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Baked Beans, Cucumber Caramel Cookie **1,7** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 28TH APRIL 19TH MAY 16TH JUNE 7TH JULY 8TH SEPTEMBER 29TH SEPTEMBER 20TH OCTOBER	Vegetable Nuggets with Tomato Sauce & Rainbow Rice **1VG** Tomato & Sweetcorn Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Carrots, Peas Vanilla Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Minced Beef Pie **1** Cheesy Pasta Twists **1,7 V** Jackets with a Choice of Toppings **7,8,9** Crushed Potatoes Seasonal Vegetables Chocolate & Mandarin Mousse **7,3** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Vegetable Pastry Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Cabbage, Carrots Cornflake Cookie **1,3,7,16** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Pulled Pork Loaded Wedges Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Green Beans, Coleslaw **9** Spiced Apple Focaccia **1,3 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Tuna Penne Pasta **1,7,8** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Grated Carrot Oaty Biscuit **1,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 5TH MAY 2ND JUNE 23rd JUNE 14TH JULY 15TH SEPTEMBER 6TH OCTOBER	Bolognaise Pasta Shells **1** Savoury Cheese Swirl **1,7 V** Jackets with a Choice of Toppings **7,8,9** Baked Wedges Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Mild Chicken Curry Herby Tomato Penne Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice, Green Beans, Carrots Peach Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausages & Gravy **1,6** Vegetable Sausage & Gravy **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Broccoli, Swede Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Macaroni Cheese **1,7 V** Tomato & Vegetable Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Carrots, Mixed Peppers Chocolate Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Vegetable Nuggets **1 VG** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Sweetcorn, Coleslaw **9** Ginger Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



NOVEMBER TO MARCH 2026

NOURISH

WHAT'S ON THE MENU?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 3 Nov 24 Nov 15 Dec 19 Jan 9 Feb 9 March 30 March	Chicken Pie **1** Pesto Pasta **1,7 V** Jackets with a Choice of Toppings **7,8,9** Crushed Potato Cauliflower, Carrots Strawberry Mousse **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Bean Biryani **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Pasta **1** Seasonal Vegetables Toffee Apple Pudding **1 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Gammon & Gravy Vegan Sausage Roll **1 V** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Cabbage, Peas Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Spaghetti Bolognaise & Garlic Bread **1,3** Loaded Bean Chilli Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Green Beans Grated Carrots Brownie **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Vegetable Sausage **VG** Jackets with a Choice of Toppings **7,8,9** Chips, Sweetcorn, Baked Beans Oaty Cookie **1,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 10 Nov 1 Dec 5 Jan 26 Jan 23 Feb 16 March	Chicken Curry Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice, Carrots, Peas Chocolate Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Cheesy Pasta Bake & Garlic Bread **1,3,7 V** BBQ Bean Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Seasonal Vegetables Plum Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Ratatouille Puff **1,3 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Broccoli, Carrots Crispy Cake **1,3,7,16** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Beef Stew & Dumpling **1** Pesto Pasta **1,7 V** Jackets with a Choice of Toppings **7,8,9** Cauliflower, Green Beans Apple & Cinnamon Pinwheel **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Salmon Bites **1,8** Cheese & Sweetcorn Pizza **1,3,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Mixed Salad Marble Cookie **1 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 17 Nov 8 Dec 12 Jan 2 Feb 2 March 23 March	Cheese Penne & Garlic Bread **1,3,7 V** Sweet Potato & Chick Pea Curry **VG** Jackets with a Choice of Toppings **7,8,9** Rice, Green Beans, Mixed Salad Peach Crumble **1 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Chicken Noodles **1** BBQ Vegetable Burrito **1 VG** Jackets with a Choice of Toppings **7,8,9** Sweetcorn, Peppers Chocolate Rice Pudding **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausages & Yorkshire Pudding **1,7,9** Vegetable Sausage **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Beef Cottage Pie Herby Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Seasonal Vegetables Lemon Drizzle Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Cheese, Carrot & Tomato Swirl **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Baked Beans, Grated Carrot Caramel Flapjack **1,7,15 V** Yoghurt **3,7**, Fruit Pots **VG**

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Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



Important Dates

Red dates have been added/updated since previous newsletters

20 Oct 2025	PTA AGM 3.20pm at school (all welcome)
21 Oct 2025	No after school club
24 Oct 2025	Whole School Flu Vaccination
22 Oct 2025	(Church) Harvest service 9.15am Church
22 Oct 2025	Yr 3 & 4 Mixed Football Tournament
24 Oct 2025	Flu Vaccination
24 Oct 2025	Last day of Autumn Term 1
3 Nov 2025	First day of Autumn Term 2
3 Nov 2025	New Lunch Menu starts
5 Nov 2025	Scholastic Book Fair starts
6 Nov 2025	Individual and Sibling Class Photos
10 Nov 2025	New Reception Open Morning
14 Nov 2025	Children In Need
19 Dec 2025	Last day of Autumn Term 2

Useful Information
8:45 Gates Open
9:00 Registration closes
3:15 End of Day

Please ensure your child arrives/ is collected promptly each day. If your child is absent from school due to illness, please ring the school office each day by 9am to advise. If your child has been absent due to diarrhoea and/or vomiting, please ensure they do not return until they have been symptom free for 48 hours. The School office is closed on Tuesday, Wednesday and Friday afternoons

Telephone Number	01986 892 557
E-mail address	office@earsham.norfolk.sch.uk
Term Dates 2025-2026	Click Here
Support Resources	Click Here

Community










Girls' Rugby Activity Day, led by our Southwold's Women's' team! 🖤💛
Inspired by the Red Roses? 🌹
Ready to give rugby a try? Join us on Saturday, 18 October (9–12pm) at Southwold RFC for a fun, free morning of activities including rugby skills, games, and teamwork, all led by our Senior Women's squad.
Open to girls aged 5–11, it's the perfect chance to learn, play, and make new friends in a safe, supportive environment. No experience needed! Just bring your energy and enthusiasm!
For more details, email southwoldrfcminis@gmail.com📩
Come be part of the team, rugby at Southwold is for everyone! 🏉





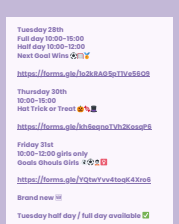











Tuesday 28th
Full day 10:00-15:00
Half day 10:00-12:00
Next Goal Wins ⚽🥅
https://forms.gle/to2kRAQSpTiVe5SQ8
Thursday 30th
10:00-15:00
Hat Trick or Treat 🎃🍬🎁
https://forms.gle/kh5egnoTVh2KosqP6
Friday 31st
10:00-12:00 girls only
Goals Ghouls Girls 👻⚽🥅
https://forms.gle/YQtwYvv4toqK4Xro6
Brand new 🆕
Tuesday half day / full day available ✅



